



New York-New Jersey Trail Conference  
156 Ramapo Valley Road  
Mahwah, NJ 07430  
(201) 512-9348

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FOR IMMEDIATE RELEASE

Contact: Georgette Weir  
(845) 462-0142  
tw@nynjtc.org

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## Trail Maps for Local Open Spaces Help Your Readers Start Their New Year On The Right Foot

- Your readers may be looking for inexpensive family activities that are close to home.
- They may be looking for places to use new toys, such as snowshoes or GPS units
- They may be starting 2006 resolved to “Get more exercise” or “Get outside more.”

You can provide a service to your readers by informing them of references that will help them to achieve any or all of these objectives: trail maps of our region’s most scenic and accessible open spaces produced the members of the nonprofit NY/NJ Trail Conference. **Of particular interest in your area is the newly updated edition of the East Hudson Trails Map Set.**

The NY/NJ Trail Conference maps are essential references for people who want to explore trails in 10 significant areas in our region: **Hudson Palisades (all new map set in 2006), East Hudson Highlands (all new map set in 2006), West Hudson Highlands, Shawangunks, South Taconics, Harriman-Bear Mountain, Sterling Forest, Catskills, Kittatinnyes (NJ), and North Jersey.**

The **updated edition of the East Hudson Trails Map Set** (three maps) newly released by the New York/New Jersey Trail Conference covers the trails on the east side of the Hudson River from Peekskill to Beacon, as well as Fahnestock State Park.

This updated edition includes new trails in the Garrison School Forest and on Beacon Mountain, as well as on the waterfront in Beacon. Also included are Hudson Highlands Gateway Park and lands of the Audubon Society, Scenic Hudson and the Open Space Institute. The maps also show the route of the world famous Appalachian Trail, from the Bear Mountain Bridge to the Putnam–Dutchess county line.

The NY/NJ Trail Conference, a not-for-profit federation of 10,000 individuals and more than 100 area hiking clubs—yes, 100, with a combined membership of 150,000 people—produces trail maps that cover southern New York and northern New Jersey that are renowned for their **ease of use, accuracy, durability, and affordability.**

Regularly updated to **show new trails, trail lands, and trail changes** using the latest GIS and digital technology, **the maps show public and private open space accessible to the public as well as trailheads and parking locations.** The maps are used by hiking novices and veterans alike, and include

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UTM (Universal Transverse Mercator) grid lines, which are particularly valuable to those equipped with increasingly popular GPS receivers.

The NY/NJ Trail Conference map series provides essential references for people who want to explore trails in 10 significant areas in our region: East Hudson Highlands, West Hudson Highlands, Hudson Palisades (also new in 2006), Shawangunks, South Taconics, Harriman-Bear Mountain, Sterling Forest, Catskills, Kittatinnies (NJ), and North Jersey.

They are available in many area outdoors-oriented retail shops or online at [www.nynjtc.org](http://www.nynjtc.org).

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Since 1920, the New York-New Jersey Trail Conference's three-fold mission of protection, stewardship, and education has placed it at the center of efforts to preserve and provide access to hiking lands in the nation's most densely populated region, allowing families to enjoy the outdoors together.

Unique among conservation organizations, Trail Conference activities are a largely volunteer effort—10,000 individual members and a federation of over 100 member hiking clubs pool their time and skills to achieve the Trail Conference's goals. Their efforts are guided by a belief that the well-being of our region's people and ecosystems is dependent on our ability to experience nature in an environmentally responsible way.

For more information, contact the New York-New Jersey Trail Conference, 156 Ramapo Valley Road, Mahwah, NJ 07430; (201) 512-9348; [www.nynjtc.org](http://www.nynjtc.org).